Urine for Cytology- Patient Instructions

Background Information
This is a midstream urine collection requiring a specimen of urine to be collected on 3 consecutive days with approximately 50mls of urine per sample. The pathology collection centre will provide you with the containers.

Collection Instructions
First morning urine should be avoided; urine should be collected 3 to 4 hours after you have last urinated.
For your convenience you may collect the urine specimen initially into a clean plastic disposable container (such as an ice-cream container) and then transfer into the pots provided by Pathology. This is only suitable for cytology specimens.
Specimens to be kept in refrigerator until you bring all 3 in on the 3rd day.
Please write date & time on each container.

Female Patients
• If possible you should straddle the toilet.
• The labia must be separated and wiped with sterile water wipe from front to back.
• A vaginal tampon is useful if there is a vaginal discharge.
• Once you have commenced passing urine you should place a sterile container in the stream to obtain approximately 50 ml (almost full container) of urine.
• Ensure container is closed securely, place container in bag provided and keep in refrigerator until you are ready to bring to pathology.

Male Patients
• The foreskin should be gently retracted and the glans cleaned with sterile water wipe.
• Do not use soap or disinfectants.
• Once you have commenced passing urine you should place a sterile container in the stream to obtain approximately 50 ml (almost full container) of urine.
• Ensure container is closed securely; place container in bag provided and keep in refrigerator until you are ready to bring to pathology.

Pathology Collection
Box Hill Hospital 9895 4905
Maroondah Hospital 9871 3572
Angliss Hospital 9764 6135
Tecoma Collection Rooms 9754 1441
Nelson Rd Collection Rooms 9899 5067
Healesville Collection Centre 1300 793 622