



## Urine collection from Indwelling Urinary Catheter

### **Equipment**

- Sterile specimen container
- Gloves
- Sterile water wipe

### **Specimen Collection**

- Urine must **not** be obtained from the catheter bag,
- Label the container with the patient's full name, date of birth, UR number or medicare number or address, date and time of collection.
- Wash hands and apply gloves
- Ask the patient to disconnect bag from catheter, you will have to do this if patient is not able to assist. Do not contaminate this end by allowing it to fall to ground, ask either patient or assistant to hold for duration of procedure.
- Clamp tubing at end of catheter where it connects to bag tubing by either bending the tube on itself or squeezing between fingers to prevent urine from leaking out, swab the end of the Catheter tubing with sterile water wipe.
- Hold the urine container under catheter tubing then release pressure or straighten to allow urine to run into container until required amount has been collected. Do not allow the tubing to touch the inside of the container.
- Pinch tubing to stop flow and re-connect to catheter bag. Replace lid carefully so you do not cross thread otherwise specimen will leak.
- Ensure container is correctly labelled, must have three points of identification.
- Send to the laboratory promptly and refrigerate if any delay.