

Information Sheet

PATIENT INSTRUCTIONS – 24-HOUR URINE COLLECTION TEST



If you have any English language difficulties, please ask staff to book an interpreter. From home contact the Telephone Interpreter Service on 9605 3056. Services are provided free of charge. Ask staff if this information is available in your preferred language.

Background Information

The 24-hour urine collection test is designed to give your doctor an indication of how your kidneys are functioning. The pathology collection centre will provide you with a container to store and return your sample.

Warning

Certain specimens require an acid additive in the bottle, do not leave anywhere children will have access. Pour the urine into the bottle carefully so as not to splash any of this acid on your skin, wearing gloves is recommended.

Collection Instructions

1. It is suggested that your urine sample is collected initially into a plastic disposable container (an ice-cream container is ideal) and then transferred into the container provided by Pathology.
2. In the morning empty your bladder into the toilet. Do not save this urine specimen but record the time and date on the provided pathology container.
3. From this time on, save all the urine you pass for the next 24 hours up to and including the final specimen passed at exactly 24 hours after the time recorded on your pathology container. For example, if you emptied your bladder at 8.00 am yesterday you are required to pass urine at exactly 8.00am today and this will be your final collection.
4. The container must be stored in a cool place during the collection and returned to Pathology as soon as possible on completion of collection. Refrigerate specimen if not returning to pathology shortly after collection is completed.

Pathology Collection

Angliss Hospital	-	9764 6493
Box Hill Hospital	-	9895 4905
Healesville Hospital	-	5969 9949
Maroondah Hospital	-	9871 3579
Tecoma Collection Rooms	-	9754 1441
Yarra Ranges Health	-	8706 9665 (Tues & Thurs morning only)

Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and will disclose information about you only when required by law. We comply with relevant information and privacy legislation. If you would like more information, please ask a staff member or visit our Web site www.easternhealth.org.au Eastern Health is accredited by the Australian Council on Healthcare Standards.

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